

DR. ARNAV HRISHIKESH PAI

MBBS (GOLD MEDAL), MS OBGYN (GOLD MEDAL Mumbai), DNB, FMAS, DMAS (Gurugram), DRM (DUBAI), FRM (GERMANY), FICRS (DELHI)

OBSTETRICIAN AND GYNAECOLOGIST, INFERTILITY AND IVF SPECIALIST, GYNAECOLOGICAL LAPAROSCOPIC AND ROBOTIC SURGEON

Phone: +91 9987699000

Email: arnavpai@hotmail.com

Medical Licensure – Licensed to practice medicine in India.

MMC 2020/03/2352

MMC 2020/03/2352; Additional 3861/2023



PERSONAL STATEMENT

- Dr. Arnav Pai, consultant Obstetrician and Gynaecologist and an expert in General Obstetrics, High-Risk Obstetrics, General Gynaecology, Laparoscopic Surgery, Robotic Surgery and Assisted Reproductive Technology with a goal for sustainable healthcare for the country.

EDUCATION

- MBBS – Gold Medalist
- MS Obstetrics & Gynaecology – Gold Medalist
- MRCOG (UK/England)
- DNB (Obstetrics & Gynaecology)
- FMAS – Fellowship in Minimal Access Surgery
- DMAS – Diploma in Minimal Access Surgery
- FICRS – Fellowship of International College of Robotic Surgeons
- FRM (Germany) – Fellowship in Reproductive Medicine
- DRM (Dubai) – Diploma in Reproductive Medicine
- Advanced Gynaecological Robotic & Laparoscopic Surgery Fellowship – 6 Months(Taiwan)
- Fellowship in Reproductive Endocrinology, Fertility & IVF – ICOG, Mumbai
- Board Certification in Advanced Laparoscopy & Robotic Surgery – MOGS, Mumbai

MEDICAL EXPERIENCE

Current

- Chief Consultant Budget Fertility Pearl Centre, Dadar, Mumbai, Maharashtra, India
- Founder and CEO – PARH HEALTHCARE PVT. LTD.
- Senior Resident Consultant Obstetrics and Gynaecology (2024-2025) DYPATIL HOSPITAL, NAVI MUMBAI

Previous

- Resident Obstetrics and Gynaecology (2020 -2023) DY PATIL HOPSITAL, NAVI MUMBAI

PROFESSIONAL SKILLS

- Patient Care: Proficient in diagnosing and treating a wide variety of medical conditions.
- Communication: Ideal communication skills with patient and colleagues.
- Medical Management: Expert in expectant and medical management of various medical conditions.
- Surgical: Expert in Open, Laparoscopic and Robotic surgeries.
- Leadership: Leadership qualities in workplace as well as various OBGYN committees.

CERTIFICATIONS & TRAINING

- Fellow of International College of Robotic Surgeons FICRS- trained in GYNAECOLOGICAL ROBOTIC SURGERY in Gurugram, Delhi. (2025)
- Diploma in Reproductive Medicine (Dubai) (2025)
- Fellowship in Reproductive Medicine (Germany) (2025)
- BOARD CERTIFIED Advanced Gynaecological Endoscopy and Robotic surgeon (Mumbai) under guidance of Dr. Uddhavraj Dudhedia (2025)
- Trained with Dr. Rajendra Sankpal in Laparoscopic Gynaecological Surgery in Mumbai (2024)
- Trained with Dr. Pradeep Garg in Laparoscopic Gynaecological Surgery in Agra (2023)
- Trained in Lilavati Bloom IVF in ART and IVF Dr. Hrishikesh Pai (2023)
- Fellowship and Diploma Training in Minimal Access Gynaecological Surgery at World Laparoscopy Hospital Gurugram Dr. R K Misra (2023)
- Basic and Advanced Neonatal Resuscitation Programme (2022)
- Basic Course in Biomedical Research (2020)
- Certification in Basic and Advanced Life Support (2020)

ACADEMICS

- Passed ICSE with 93.4% (2012)
- Passed HSC with distinction (2014)
- First MBBS- Distinction in Biochemistry and Physiology
- Second MBBS- Distinction in Microbiology and Pharmacology
- Third MBBS- Distinction in ENT, Ophthalmology and PSM
- Final MBBS- Distinction in General Surgery and Paediatrics
- GOLD MEDAL in General Surgery (Final MBBS 2019-2020)
- OVERALL Rank 1 and Gold Medal of 2014 Batch MBBS (Internship completion 2020)
- Reviewer for The Journal of Obstetrics and Gynaecology of India (JOGI)
- Secured Rank 1 and GOLD MEDAL in MS OBGYN 2020 - 2023
- Distinction and High Percentage in DNB OBGY examination

RESEARCH & PUBLICATIONS (If applicable)

- Article 'Azoospermia- Novel Management in The Current Era' published in 'Bangladesh Journal of Fertility and Sterility'
- Article 'Return to ART Practices- The Post Coronavirus Era' published in 'Journal of Reproductive Healthcare and Medicine'
- Article 'First Live Birth After Single Sperm Freezing With Novel Sperm Vitrification Device (SPERM VD) For Non-Obstructive Azoospermia From India- A Cheer Amidst COVID Pandemic!' published in 'Indian Obstetrics and Gynaecology Journal'
- Article 'Oocyte Cryopreservation- Current Scenario and Future Perspectives: A Narrative Review' in 'Journal off Human Reproductive Sciences'
- Article 'Artificial Intelligence in Reproductive Medicine' published in ACOG Journal
- Article 'OHSS case report' published in 'Bangladesh Journal of Fertility and Sterility'
- 'Feto-Maternal Outcomes in Patients With Previous Two LSCS' published in SAFOG Journal
- Article 'Postpartum Use of Shavari Bar Improves Breast Milk Output: A Double Blind, Prospective, Randomized, Controlled Clinical Study' published in CUREUS Journal.
- Contribution of Chapter 'Artificial Intelligence in OBGYN' in 'Current Progress inObstetrics and Gynaecology JOHN STUDD' textbook
- Contribution in Book on 'Assisted Reproductive Technology' published in AICOGN 2025
- Contribution to the book 'Ovulation Induction Simplified' with the chapter on 'Gonadotropins: Follicle Stimulating Hormone, Luteinizing Hormone and Human Menopausal Gonadotropin.'

AWARDS & HONORS

- Academic Prize for securing Rank 1 in FINAL YEAR MBBS (2020)
- 1 Prize Free Paper in MOGS Conflict To Clarity conference 2020 – ‘Day 3 vs Day 5 stEmbryo Transfer’
- 2 Prize Free Paper in FOGSI PG Forum Conference 2020- ‘Improving Outcomes In ndART Does Day of Embryo Transfer Matter?’
- Certificate for Poster Presentation in FOGSI 2020 Sexual Medicine Committee ‘Sexual Violence- the Problem and the Solution’
- 1 Prize Free Paper in MOGS FEM Conference 2020- ‘Comparison of Fresh vs stFrozen Oocytes in a Donor ART programme’
- WINNER OF ‘MOGS DR. H DESA SILVER JUBILEE PRIZE’ for dissertation ‘ART Practice in COVID Era’
- 1t Prize Free Paper Dr LM Shah Prize MOGS 49 Annual Conference 2021- ‘The thSafety and Outcome of Infertility Treatment During the COVID Pandemic’
- Certificate for Poster Presentation iPOSTER category RCOG WORLD CONGRESS2021- ‘Improving Outcomes in ART cycles- Does Day of Embryo Transfer Matter?’
- 1st Prize Free Paper in East Zone Yuva FOGSI Conference 2021 Oral Miscellaneous Paper
- Overall Best Paper Prize at East Zone Yuva FOGSI Conference 2021- ‘Comparative Analysis of Frozen VS Fresh Oocytes in a Donor ART Programme’
- 3rd Prize and Participation Prize for Free Paper at WATOG International Conference and Trainee’s Research Talent Hunt 2021– Oral Miscellaneous Paper
- 1st Prize in DEBATE Competition in MEDHA FOGSI PG Training Programme 2021- ‘Breech Delivery For and Against’
- Participation Prize Free Paper AICC RCOG Annual Conference 2021
- 2nd Prize Free Paper POGS AMOGS Zonal Conference Pune 2021
- 1st Prize Free Paper in AMOGS Conference 2021 – ‘New Vistas in Fertility Management’
- Participation Prize Free Paper Annual COGSICON 2021- ‘Emergencies in O&G’
- Prize for Presenter in MEDHA FOGSI Training Programme 2021 on topic ‘Hysteroscopic Resection of Submucous Fibroids’
- 1st Prize Free Paper FUSION 2022 Conference (ESHRE, IFS, ISAR) in ART category
- 1st Prize Poster Presentation in FOGSI West Zonal Conference with YUVA 2022 – ‘Improving Outcomes In ART- Does Day of Embryo Transfer Matter?’
- 1st Prize MRS. INDUMATI JHAVERI PRIZE Free Paper in AICOG KOLKATA 2023- ‘ICSI Outcome with Sperm from TESE VS Sperm from Ejaculate in Sever Male Factor Infertility’
- 1st Prize Oral Paper FOGSI FEMMTEK 4 Conference 2023 Senior Group Infertility and ART
- 1st prize Free Paper DR. ASHA RAO Prize in ISAR 2025 Conference 2025- ‘The Effect of Endometrial Thickness on Pregnancy Rate in IVF Cycles’

LEADERSHIP

- Represented Asia as Postgraduate in OBGYN in 'FIGO WORLD CONGRESS 2021' as Speaker for 'Postgraduate Training in Asia'
- MASTER OF CEREMONY for multiple webinars and conferences in FOGSI, MOGS and IAGE like- 'Internal Iliac Artery Workshop FOGSI (2023)' and 'ISOPARB webinar on Obstetric Haemorrhages (2025)'
- Main MOC for ISAR 2025 Lucknow Conference
- Teaching FACULTY for 'Basic Infertility and IUI' Workshop in AICOG 2025 Mumbai
- Core Organizational Committee of AICOG 2025 Mumbai conference with an attendance of 14,000 delegates at JIO CONVENTION CENTRE MUMBAI.
- General Secretary of D Y Patil Medical College, Navi Mumbai (3 MBBS)
- Past Editor of D Y Patil Medical College Annual Magazine 'IRIS'
- Past Organizer of D Y Patil Medical College Sports Events- 'Adrenalyn' and 'Olympia'
- Past Organizer of D Y Patil Medical College Annual Cultural Festival 'AURA'
- Prefect in class9/10 Bombay Scottish School, Mahim

LANGUAGES

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| • English | • Hindi | • Marathi |
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PROFESSIONAL AFFILIATIONS

- FOGSI Member- Organization committee of AICOG 2025
- MOGS Youth Council Member (2024 onwards)
- IAGE Youth Council Member (2025)
- ISAR member

REFERENCES

- Available upon request.